



kamer  
nursing

# proactive care...



## personalized care...

### multifaceted support...

with focus in health promotion across the entire spectrum of wellbeing

delivered from thoughtful assessment and versatile caregiving skills backed by an extensive educational background.

#### what does proactive care entail...



Through a proactive lens, the care perspective widens to include all aspects of health. So that rather than simply responding to what is present, it seeks to determine the broader effects and potentialities as a means to incorporate the most effective supportive care and therapeutic health management efforts.

Therefore the emphasis of proactive care is placed on optimized health across the entire lifespan. This can be achieved through practices and strategies such as, focusing on personal agency, initiation and planning, skills development and training, innovation-focused solution-oriented support, frame of reference and navigating personal influences on health, and encouragement of health promoting habits tailored through co-creation to increase compliance.

With kamer nursing this delivery of care might incorporate a range of services inclusive of ongoing assessment, various forms of physical care such supporting activities of daily living or functional mobility, emotional support, comfort care, and/or education.

#### service options...

\*hourly fees are based on a daily service rate at minimum of 8 hours.

\*receipts will be provided for insurance purposes

- personally tailored proactive care services  
(in person/home care)

rate... \$40/h

- personally tailored proactive care services  
(on site 60-75 min sessions)

rate... \$125



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# supportive care...



## personalized care...

### multifaceted support...

focused on health management and improved wellbeing

delivered with thoughtful compassion with knowledge and skills gained from 16 years in health & wellness

#### what does supportive care entail...



With acute and chronic conditions numerous challenges and concerns can present affecting various aspects of life. Which not only increases risk for reduced quality of health through impacts such as a decreased physical independence, or nutritional deficiencies but can also have devastating impacts on mental & emotional health.

One way of helping to mitigate &/or better navigate adversities arising in the face of disease is through dedicated supportive care services. Delivered through a system composed of compassionate patient-centred comfort focused care that is specifically tailored to meet the unique needs for the most optimal health outcomes. Achieved through practices and strategies such as, supporting or promoting independence, initiation and planning, skills development and training, solution-oriented support, encouragement of health promoting habits tailored through co-creation to increase compliance.

With kamer nursing this care might incorporate a range of services inclusive of home care, ongoing assessment, various forms of physical care such supporting activities of daily living or functional mobility, emotional support, comfort care, &/or education.

#### service options...

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rate... \$125